

AGENDA
Madison Heights Active Adult Center Advisory Board
29448 John R, Madison Heights, MI 48071
Tuesday, February 19, 2019
1:00 pm

I. INVOCATION & ROLL CALL

| | | |
|--------------|-------------|----------------|
| D. Dalling | C. Leuffgen | M. Salley |
| R. Dickel | T. Mitchell | M. Scott |
| T. Kulak | D. Mowry | J. Vitali, Jr. |
| T. Lambrecht | S. Patton | J. Cowan |

II. APPROVAL OF MINUTES

III. PUBLIC COMMENTS

IV. STAFF REPORT

A) Trips and Programs-

a. Ongoing Programs:

- Exercise DVD- Monday- Friday at 9:30 am; Free!
 - Congregate Meal Program- Monday – Friday at 12 noon; \$3.50; Sign up one day ahead.
 - Chair Yoga- Mondays, Wednesdays and Fridays at 11:00 am and Tuesdays at 11:30 am; \$5 drop in fee.
 - Prize Bingo continues on Tuesdays at 12:45 pm- Free!
 - Knit & Crochet Group- Wednesdays from 10 am – 12 noon; Everyone works on their own project as well as lap robes for seniors in nursing homes, blankets for babies at Beaumont, and doll dresses for Goodfellows.
 - Dominoes Club- Wednesdays at 1 pm; Free!
 - Tai Chi Class- Wednesdays, 1-2 pm; \$5 drop in.
 - Free computer help on Wednesdays from 1-2 pm.
 - Line Dance Class- Thursdays at 11:00 am; \$5 drop in fee.
 - Bingo continues on Thursdays at 1:00 pm- 50 and older!
 - Quilt Group- Thursdays at 1 pm; Everyone works on their own projects.
 - Bunco- Fridays at 1 pm; Small entry fee.
- b. Free AARP Tax Assistance continues every Tuesday through April 9. Appointment required.
- c. Coffee Concerts- Wednesday nights in February from 7-9 pm at the Center; \$5 per person at the door; Refreshments sold by MH Women’s Club; Recreation Department.
- d. The Play That Goes Wrong- Fisher Theatre- Wednesday, February 20, 2019; 4:45-11 pm; \$82-Res/\$84-Non-Res; Dinner at Traffic Jam & Snug and ticket to the show; Sold out!
- e. Free financial consultations with Quinn from Edward Jones; Third Thursday of the month starting February 14; 10 am – 12 noon; Appointments required.
- f. Massage Therapy- Friday, February 22; 9:45 am – 12:45 pm; \$25; Appointment required.
- g. Movie Day- Friday, February 22 at 12:45 pm. Free! Snack included. “Table 19”.
- h. Mardi Gras Party- Monday, February 25; 12-3 pm; \$8-Res/\$10-Non-Res; Lunch, dessert, live entertainment, games, prizes and raffles.
- i. Greeting Card Making Class- Tuesday, February 26; 10 am – 12 noon; Free! American House Troy.
- j. Smoothie Day- Tuesday, February 26 at 11 am; While supplies last!
- k. The Spitfire Grill- Meadow Brook Theatre- Wednesday, February 27; 11 am - 4:45 pm; \$48-Res/\$50-Non-Res; Lunch at Loccino’s and ticket to show.

- l. Reflexology- Friday, March 1; 9:30 am – 12 noon; \$10- Hands, \$20- Feet; Appointment required.
- m. Pool Tournament- Monday, March 4 at 9:00 am; Small entry fee.
- n. Book Club- Monday, March 7; 1 pm; Free! Madison Heights Library.
- o. Paczki Day- Tuesday, March 5; 9 am til sold out! Assorted flavors for just 75 cents each.
- p. Windsor Mardi Gras trip- Tuesday, March 5; 9:45 am – 6:15 pm; \$29-Res/\$31-Non-Res; Round trip motorcoach transportation, lunch buffet or \$15 meal voucher or \$15 coin voucher, paczkis and special Mardi Gras entertainment.
- q. Ask a Lawyer- Thursday, March 7; 10 am – 12 noon; Free! By appointment only.
- r. Philly Flower Show extended trip depart- Thursday, March 7.
- s. Massage Therapy- Friday, March 8; 9:45 am – 12:45 pm; \$25; Appointment required.
- t. Reminisce Class- Monday, March 11 at 11 am. Free!
- u. Brain Games class- Tuesday, March 12; 10 am – 12 noon; Free!
- v. Never Not Once- Purple Rose Theatre- Wednesday, March 13; 10:45 am – 6:30 pm; \$60-Res/\$62-Non-Res; Lunch at The Common Grill, time to shop around town and ticket to the show.
- w. Free downsizing/relocating consultations with Rickey from Remax/Vision; Second Thursday of the month starting March 14; 10 am – 12 noon; Appointments required.
- x. Exotic Zoo- Friday, March 15; 10 am; Free! Live animals visit the Center.
- y. Art Therapy- Friday, March 15 from 1-3 pm. \$2-Residents/\$4-Non-Residents. February's Project: Pieces of My Heart.
- z. St. Patrick's Party- Monday, March 18; 12-3 pm; \$8-Res/\$10-Non-Res; Lunch, dessert, live entertainment, games, prizes and raffles.
- aa. Dr. Adas Podiatry Appointments- Tuesday, March 19; from 9-11 am; Medicare billing every 62 days.

B) Treasurer's Report

a.

V. COUNCIL & ADMINISTRATION

A)

VI. UNFINISHED BUSINESS

- A) Blinds in front room
- B) Windows
- C) Heat in the dining room
- D) Theresa's advisory board position
- E) Change hours at the Center

VII. NEW BUSINESS

A)

VIII. COMMENTS

- A) Next meeting: Tuesday, March 19, 2019 at 1:00 pm.

IX. ADJOURNMENT