

AGENDA
Madison Heights Active Adult Center Advisory Board
29448 John R, Madison Heights, MI 48071
Tuesday, March 19, 2019
1:00 pm

I. INVOCATION & ROLL CALL

D. Dalling	T. Mitchell	M. Salley
R. Dickel	D. Mowry	M. Scott
T. Kulak	C. Parker	J. Vitali, Jr.
C. Leuffgen	S. Patton	J. Cowan

II. APPROVAL OF MINUTES

III. PUBLIC COMMENTS

IV. STAFF REPORT

A) Trips and Programs-

a. Ongoing Programs:

- Exercise DVD- Monday- Friday at 9:30 am; Free!
 - Congregate Meal Program- Monday – Friday at 12 noon; \$3.50; Sign up one day ahead.
 - Chair Yoga- Mondays and Fridays at 11:00 am and Tuesdays at 11:30 am; \$5 drop in fee.
 - Prize Bingo continues on Tuesdays at 12:45 pm- Free!
 - Knit & Crochet Group- Wednesdays from 10 am – 12 noon; Everyone works on their own project as well as lap robes for seniors in nursing homes, blankets for babies at Beaumont, and doll dresses for Goodfellows.
 - Dominoes Club- Wednesdays at 1 pm; Free!
 - Tai Chi Class- Wednesdays, 1-2 pm; \$5 drop in.
 - Free computer help on Wednesdays from 1-2 pm.
 - Line Dance Class- Thursdays at 11:00 am; \$5 drop in fee.
 - Bingo continues on Thursdays at 1:00 pm- 50 and older!
 - Quilt Group- Thursdays at 1 pm; Everyone works on their own projects.
 - Bunco- Fridays at 1 pm; Small entry fee.
- b. Free financial consultations with Quinn from Edward Jones; Third Thursday of the month starting March 21; 10 am – 12 noon; Appointments required.
- c. Ikea- Friday, March 22; 8:30 am – 1:30 pm; \$8-Res/\$10-Non-Res; Two hours to shop and have breakfast and/or lunch on your own.
- d. Craft Class- Tuesday, March 26; 10 am – 12 noon; \$2-Res/\$4-Non-Res; Spring Mystery Craft.
- e. Smoothie Day- Tuesday, March 26 at 11 am; Carrot Cake Smoothie Bowl; While supplies last!
- f. Gilmore Car Museum/Firekeepers Casino- Friday, March 29; TBA-10:30 pm; \$74-Res/\$76-Non-Res; Round trip motorcoach transportation, admission to Gilmore Car Museum, stop at Firekeeper’s Casino with \$20 in coin and \$5 in food.
- g. Movie Day- Friday, March 29 at 12:45 pm. Free! Snack included. “Bohemian Rhapsody”.
- h. Pool Tournament- Monday, April 1 at 9:00 am; Small entry fee.
- i. Pomeroy Living Special Prize Bingo- Tuesday, April 2; 12:30 pm; Free! Refreshments and special prizes.
- j. Solanus Casey Center- Wednesday, April 3; 9:15 am – 4 pm; \$30-Res/\$32-Non-Res; Guided tour and video, lunch, and healing service.

- k. Detroit Tigers Opening Day on the Big Screen- Thursday, April 4; 1-4:30 pm; Free! Watch opening day on the big screen TV at the Center while enjoying snacks and playing games for prizes.
- l. Ask a Lawyer- Thursday, April 4; 10 am – 12 noon; Free! By appointment only.
- m. Hansel & Gretel- Detroit Opera House- Thursday, April 4; 8:45 am – 1:45 pm; \$47-Res/\$49-Non-Res; Breakfast buffet at Big Boy and ticket to dress rehearsal.
- n. Reflexology- Friday, April 5; 9:30 am – 12 noon; \$10- Hands, \$20- Feet; Appointment required.
- o. Meadow Brook Theatre- Stick Fly- Wednesday, April 10; 10:45 am – 5:15 pm; \$60-Res/\$62-Non-Res; Lunch at Mitchell's Fish Market and ticket to show.
- p. Free downsizing/relocating consultations with Rickey from Remax/Vision; Second Thursday of the month starting April 11; 10 am – 12 noon; Appointments required.
- q. Wyandotte Theatre- Sealed for Freshness- Thursday, April 11; 10 am – 5 pm; \$73-Res/\$75-Non-Res; Round trip motorcoach transportation, lunch at Hungarian Rhapsody, and ticket to show.
- r. AARP Mature Driver Class- Thursday and Friday, April 11 & 12; 9 am – 2:30 pm; \$15-Members/\$20-Non-Members; Classroom instruction with possible discount on car insurance upon completion.
- s. Massage Therapy- Friday, April 12; 9:45 am – 12:45 pm; \$25; Appointment required.
- t. Art Therapy- Friday, April 12 from 1-2:30 pm. \$2-Residents/\$4-Non-Residents. Project: Emotional Painting.
- u. Reminisce Class- Monday, April 15 at 11 am. Free!
- v. Greeting Card Making Class- Tuesday, April 16; 10 am – 12 noon; Free! American House Troy.
- w. Dr. Adas Podiatry Appointments- Tuesday, April 16; from 9-11 am; Medicare billing every 62 days.

B) Treasurer's Report

a.

V. COUNCIL & ADMINISTRATION

A)

VI. UNFINISHED BUSINESS

- A) Blinds in front room
- B) Heat in the dining room
- C) Change hours at the Center
- D) Sell property/build new Center

VII. NEW BUSINESS

A)

VIII. COMMENTS

- A) Next meeting: Tuesday, April 16, 2019 at 1:00 pm.

IX. ADJOURNMENT