

AGENDA
Madison Heights Active Adult Center Advisory Board
29448 John R, Madison Heights, MI 48071
Tuesday, April 16, 2019
1:00 pm

I. INVOCATION & ROLL CALL

D. Dalling	T. Mitchell	M. Salley
R. Dickel	D. Mowry	M. Scott
T. Kulak	C. Parker	J. Vitali, Jr.
C. Leuffgen	S. Patton	J. Cowan

II. APPROVAL OF MINUTES

III. PUBLIC COMMENTS

IV. STAFF REPORT

A) Trips and Programs-

a. Ongoing Programs:

- Exercise DVD- Monday- Friday at 9:30 am; Free!
 - Congregate Meal Program- Monday – Friday at 12 noon; \$3.50; Sign up one day ahead.
 - Chair Yoga- Mondays and Fridays at 11:00 am and Tuesdays at 11:30 am; \$5 drop in fee.
 - Prize Bingo continues on Tuesdays at 12:45 pm- Free!
 - Zumba Gold Class- Wednesdays from 11 am – 12 noon; \$5 drop in fee.
 - Knit & Crochet Group- Wednesdays from 10 am – 12 noon; Everyone works on their own project as well as lap robes for seniors in nursing homes, blankets for babies at Beaumont, and doll dresses for Goodfellows.
 - Dominoes Club- Wednesdays at 1 pm; Free!
 - Tai Chi Class- Wednesdays, 1-2 pm; \$5 drop in.
 - Free computer help on Wednesdays from 1-2 pm.
 - Line Dance Class- Thursdays at 11:00 am; \$5 drop in fee.
 - Bingo continues on Thursdays at 1:00 pm- 50 and older!
 - Quilt Group- Thursdays at 1 pm; Everyone works on their own projects.
 - Bunco- Fridays at 1 pm; Small entry fee.
- b. PACE (Program of All Inclusive Care for the Elderly) Presentation- Thursday, April 18 at 11:00 am; Free; Information on their program- their goal is to provide our frail senior community members with the care, medical treatment and support they need to achieve the highest quality of life – while staying independent as long as possible.
- c. Breakaway Bingo Adventure- Thursday, April 18; 8:10 am – 4 pm; \$52-Res/\$54-Non-Res; Round trip motorcoach transportation, two bingo sessions, and cafeteria style lunch included.
- d. Free financial consultations with Quinn from Edward Jones; Third Thursday of the month- April 18; 10 am – 12 noon; Appointments required.
- e. Hamilton- Fisher Theatre- Thursday, April 18; 6:15-11:30 pm; \$168-Res/\$170-Non-Res; Ticket to show only.
- f. Center Closed- Friday, April 19 for Good Friday.
- g. American House Hazel Park lunch and tour- Monday, April 22; 11:30 am; Free! Transportation included.
- h. Adventures in Cooking- Play with Your Food- Tuesday, April 23; 11 am; \$2-Res/\$4-Non-Res; Blindfolded taste test, double dare you to try it, guess that ingredient and more!
- i. Rum Runners- Wednesday, April 24; 9:15 am – 4 pm; \$111-Res/\$113-Non-Res; Round trip motorcoach transportation, Rum Runners live action tour and buffet lunch.

- j. Lamphere High School Drama Club Senior Lunch/Show- Wednesday, April 24; 12 noon; Free! RSVP to Lamphere required.
- k. Use Purse & Jewelry Sale- Thursday, April 25; 9 am – 2:30 pm; All monies raised go into our escrow account.
- l. Financial Scams Talk- Quinn from Edward Jones- Thursday, April 25; 11 am; Free!
- m. Ark Encounter extended trip depart- Thursday, April 25.
- n. Movie Day- Friday, April 26 at 12:45 pm. Free! Snack included. “A Star is Born”.
- o. Spaghetti Dinner Fundraiser- MH Parade Committee- Friday, April 26; 5-8 pm; \$10- Adults, \$8- Seniors, \$6- 5-12 years, under 5- Free. 50/50 & Raffle Drawings. Tickets at the door.
- p. Chicago extended trip depart- Saturday, April 27.
- q. Volunteer Appreciation Party- Monday, April 29; 1-3 pm; Live entertainment, refreshments, gifts, games and more!
- r. Dr. Gregg Lunch & Learn- Chiropractic Talk- Tuesday, April 30; 10:30 am – 12 noon; Free! Advance registration required.
- s. Ask a Lawyer- Thursday, May 2; 10 am – 12 noon; Free! By appointment only.
- t. Reflexology- Friday, May 3; 9:30 am – 12 noon; \$10- Hands, \$20- Feet; Appointment required.
- u. AARP Mature Driver Class- Friday, May 3; 12-4 pm; \$15-Members/\$20-Non-Members; Classroom instruction with possible discount on car insurance upon completion.
- v. Pool Tournament- Monday, May 6 at 9:00 am; Small entry fee.
- w. Mid-Life Crisis- Cornwell’s Turkeyville- Tuesday, May 7; 8:45 am – 7 pm; \$82-Res/\$84-Non-Res; Round trip motorcoach transportation, complete turkey lunch, time to shop in their gift shop and ticket to the show.
- x. Meadow Brook- The Marvelous Wonderettes- Wednesday, May 8; 11 am – 5 pm; \$62-Res/\$64-Non-Res; Lunch at Kruse & Muer and ticket to show.
- y. Free downsizing/relocating consultations with Rickey from Remax/Vision; Second Thursday of the month- May 9; 10 am – 12 noon; Appointments required.
- z. Massage Therapy- Friday, May 10; 9:45 am – 12:45 pm; \$25; Appointment required.
- aa. Spring Cleanup at the Center- Tuesday, May 14; 9 am; Bring your gloves!
- bb. Reminisce Class- Monday, May 13 at 11 am. Free!
- cc. Brain Games- Tuesday, May 14; 10 am – 12 noon; Free!
- dd. London & Paris extended trip depart- Wednesday, May 15.
- ee. MHCRT- Community Round Table Awards- Wednesday, May 15; Volunteers of the Year will be honored- Mike Salley & Carol Leuffgen.
- ff. Free financial consultations with Quinn from Edward Jones; Third Thursday of the month- May 16; 10 am – 12 noon; Appointments required.
- gg. Waitress- Fisher Theatre- Thursday, May 16; 4:30-11 pm; \$97-Res/\$99-Non-Res; Dinner at Traffic Jam & Snug and ticket to show.
- hh. Advisory Board nominations begin starting Friday, May 17.
- ii. Art Therapy- Friday, May 17 from 1-2:30 pm. \$2-Residents/\$4-Non-Residents. Project: Fly Free Painted Birds.
- jj. Book Club- Monday, May 20; 1 pm; Free!
- kk. Niagara extended trip depart- Monday, May 20.
- ll. Craft Class- Tuesday, May 21; 10 am – 12 noon; \$2-Res/\$4-Non-Res.
- mm. Dr. Adas Podiatry Appointments- Tuesday, May 21; from 9-11 am; Medicare billing every 62 days.
- nn. Smoothie Day- Tuesday, May 21; 11 am; Free!

B) Treasurer’s Report

a.

V. COUNCIL & ADMINISTRATION

VI. UNFINISHED BUSINESS

- A) Support group for widows/widowers
- B) Mass mailing of newsletter once a year
- C) Blinds in front room
- D) Change hours at the Center
- E) Sell property/build new Center

VII. NEW BUSINESS

- A) Board members volunteer to operate open house/event tables
- B) Date change in advisory board member terms/nominations/elections

VIII. COMMENTS

- A) Next meeting: Tuesday, May 21, 2019 at 1:00 pm.

IX. ADJOURNMENT