

Agenda
Madison Heights Active Adult Center Advisory Board
29448 John R, Madison Heights, MI 48071
Tuesday, September 21, 2021
1:00 p.m.

Invocation & Roll Call

Approval of Minutes

Meeting Open to the Public

Staff Report

- A) Current Programs- (Pre-registration is required for some programs)
- a. Grief Support Group- 2st & 4rd Monday of the month; 1:00 pm; Free!
 - b. Watercolor Class- 3rd Monday of the month; 1:00 pm; \$5-Res/\$7 Non-Res fee.
 - c. Cardio Drumming- Tuesdays at 9:00 am; \$5 drop in fee.
 - d. Outdoor Walking Club- Tuesdays and Thursdays at 10:00 am; Free!
 - e. Chair Yoga- Tuesdays at 11:00 am; \$5 drop in fee.
 - f. Dr. Adas Podiatry Appointments- 1st Wednesday of the month- 8:30-10:30 am.
 - g. Knit & Crochet Group- Wednesdays at 10:00 am: Free!
 - h. Meditation- 2nd & 4th Wednesday at 10:00 am; Free!
 - i. Tai Chi Class- Wednesdays at 11:00 am; \$5 drop in.
 - j. Dominoes Group- Wednesdays at 12:30 pm; Free!
 - k. Craft Class- 3rd Wednesday at 1:00 pm; \$5-Res/\$7 Non-Res fee.
 - l. Computer Assistance- Wednesdays at 1:00 pm; Free!
 - m. Chair Zumba- Thursdays at 11:00 am; \$5 drop in fee.
 - n. State Licensed Bingo- Thursdays at 1:00 pm; \$1.00 for the first card and 25 cents for each additional card.
 - o. Reflexology- 1st Friday of the month; 9:30 am-11:30 am; \$10-Hands, \$20-Feet.
 - p. Bunco- Fridays at 10:00 am; Free!
 - q. Massage Therapy- 2nd Friday of the month at 10:00 am; \$25 for 30 minutes.
 - r. Art as Therapy- 3rd Friday of the month; 12:45 pm; \$5-Res/\$7 Non-Res fee.
 - s. Computer and exercise equipment use- anytime during regular hours, 50 cents per day or \$4/month or \$30/year for residents or \$5/month or \$40/year for non-residents.
 - t. Billiards- anytime during regular hours, 50 cents per day or \$4/month or \$30/year for residents or \$5/month or \$40/year for non-residents.
 - u. Monthly events and trips.

B) Upcoming Programs

- a. Citizen's Academy- Wednesday, September 22
- b. Fall Fest- Friday, September 24
- c. Mini Health Fair- Thursday, September 30
- d. Status of OMOW

C) Maintenance Requests-

- a. Kitchen floor: bad drain/damage to floor/trip hazard- Waiting on plumber

D) Current Budget Requests-

- a. Bus 471: 2001 aging bus/aging cushions/armrests broken/ongoing heating & cooling issues/inside & under storage issues/vents leak/steering & suspension issue/used for not only us, but day camp, pub crawl & Lansing trip- Out to bid
- b. Dishwasher: aging dishwasher/issues with sanitizing and Health Department violations/can't find parts- Waiting on Civic Plaza Project
- c. Furniture in front room: aging cushions/difficult to get out of/stains/tears- Waiting on Civic Plaza Project
- d. Van 469: 2010 aging van/no grab holds/pole in right of way- Budget request 2022-23
- e. Pool Tables: aging tables/stuck to floor- Waiting on Civic Plaza Project
- f. Pavilion- Received two bids at \$49,000 and \$52,000.

Treasurer's Report

Council & Administration

Unfinished Business

- A) Civic Plaza Project
- B) Beautification Awards
- C) Advisory Board Nominations/Elections
- D) Open House moved to the spring
- E) Trip Sign Up/Bylaws/Rules & Regulations
- F) Advisory Board picture

New Business

- A) Free exercise equipment, billiards and computer use
- B) Transfer pavilion update monies to new build/outdoor space?

Adjournment- ____:____ (Next Meeting October 19, 2021 at 1:00 p.m.)