

# MADISON HEIGHTS HAPPENINGS

**Spring 2026**  
March - May



[Madison-Heights.org](http://Madison-Heights.org)



# Welcome to Madison Heights Happenings!

Spring is in the air—and so are some exciting new ways to stay connected in Madison Heights! We've freshened things up to bring you updates more often and make everything easier to find. The

Recreation Brochure and City Newsletter are now separate, each mailed out four times a year. **Madison Heights Matters**, delivered with the C&G Madison-Park News, covers city updates like Code Enforcement, Refuse and Recycling, Election Information, and news from your Mayor and Council. **Madison Heights Happenings** focuses on Recreation, the Active Adult Center, the Library, and a variety of community events—your go-to guide for what's happening in the Heights!

## Important City Phone Numbers



Active Adult Center	248-545-3464
Animal Control	248-837-2666
Clerk's Office	248-583-0826
Code Enforcement	248-583-0831
CED	248-583-0831
County Assessor	248-858-0740
Court 43rd District	248-583-1800
Department of Public Services	248-589-2294
Finance	248-583-0845
Fire Department	248-588-3605
Human Resources	248-583-0828
Library	248-588-7763
Mayor/City Council/City Manager	248-583-0829
Police Department	248-585-2100
Purchasing	248-583-6828
Recreation	248-589-2294
Water Services	248-837-2797
Water Billing	248-583-0845

## Table of Contents

Parks	4
Community	6
Youth	7
Adult	10
Library	12
Book Clubs	13
50+	14
Registration Information	22

Discover something new this Spring! Browse our Spring Guide and register by scanning the QR code below.



Register early! We will not be able to run programs with low enrollment.

### Please Note Our Various Locations For Activities:

Active Adult Center/AAC Dining Room: 260 W 13 Mile  
City Hall (Lower Level): 300 W 13 Mile  
CC Park Shelter Bldg/CC Sledding Hill: 360 W 13 Mile  
Edmonson Elementary: 621 E Katherine, MH  
Fire Station: 31313 Brush  
Hunter Community Center: 509 Fisher Ct, Clawson  
Library, Flex Space, Breckenridge Room: 240 W 13 Mile  
Phoenix Tai Chi/Mugenkan Dojo: 30808 John R, MH  
Youth Soccer Complex: 29601 John R, MH



To Err is Human: We have done our best to provide accurate information, but mistakes or changes may occur. The City reserves the right to adjust programs, fees, or schedules if needed. Thank you for your understanding!

## Stay Connected:



[madison-heights.org](http://madison-heights.org)



[@cityofmadisonheights](https://www.facebook.com/cityofmadisonheights)



[@cityofmadisonheights](https://www.linkedin.com/company/cityofmadisonheights)



[@cityofmadisonheights](https://www.instagram.com/cityofmadisonheights)



[@madisonheightstv](https://www.youtube.com/c/cityofmadisonheightstv)



# COMMUNITY CALENDAR



4 Movie Matinee: Dream Horse 3:30 PM	4 Wellness & Wisdom Speaker Series - Nutrition Month 6:30 PM	13 Panic at the Prom 7:00 PM	18 AAC - St Patrick's Day Party* 12:30 PM	18 Wellness & Wisdom Speaker Series - Nutrition Month 6:30 PM
23 AAC Registration Opens	25 Adaptive Game Night 6:00 PM	25 AAC - Women's Day Celebration* 12:30 PM	28 Egg Hunt* 10:30 AM	

\* indicates registration is required



1 Movie Matinee: The Secret Garden 3:30 PM	3 City Offices CLOSED	22 AAC - World Art Day* 12:00 PM	25 Run for the Health of It 5K 7:15 AM	25 Library Book Sale 10:00 AM
25 Local Author Fair 10:00 AM 	27 AAC Registration Opens	27 Youth Softball Begins*	29 Fairy Door Day 6:00 PM	



6 Movie Matinee: The Taste of Things 3:30 PM	6 Wellness & Wisdom Speaker Series - Mental Health 6:30 PM	13 Baby Prom* 11:00 AM	14 AAC - Drug Takeback Event 11:00 AM	16 Food Truck Rally 1:00 PM 
19 Youth T-Ball Begins*	20 Wellness & Wisdom Speaker Series - Mental Health 6:30 PM	24 Native Plant Sale 2:00 PM	25 City Offices CLOSED	30 Toy & Game Swap 12:00 PM

\* indicates registration is required



## Park Pavilion & Building Rentals

Reservations are accepted on a first-come, first-served basis. Reservation must be completed in person at 801 Ajax. Full payment is due at the time of reserving; no rentals can be made over the phone. A copy of your homeowners insurance declaration page is required for all pavilion rentals. For more information check out our website, scan the QR code, or email [DPS@madison-heights.org](mailto:DPS@madison-heights.org)



### Civic Center Park

360 W 13 Mile

#### Picnic Pavilions:

Pavilion A - Capacity 75

Pavilion B - Capacity 75

Pavilion C - Capacity 100

Shelter Building

Water fountains (2) -

Pet accessible near softball field

ADA accessible near Pavilion C

Basketball court

Jogging/walking track (1 mile)

Large sled hill

Parking

Picnic tables and grills

2 Play structures

Restrooms

Sand volleyball court

Small sled hill

Softball field

Amphitheater



### Madison Heights Youth Soccer Complex

29601 John R

Picnic Pavilion - Capacity 75

9 Youth Soccer Fields

Play Structure

Restrooms (open approximately

Memorial Day - Halloween)

Training / Concession Building

(concessions operated by MHYSA)

Water Fountains - ADA accessible



### Monroe Park

479 W Dallas

Picnic Pavilion - Capacity 100

Picnic Tables and Benches

Playscape & Tot-scape

Swing-set

Water Fountain (pet accessible)

Drinking Fountain

SCAN  
ME



### Pavilions

Available for rental Memorial Day weekend through mid-October

**Residents:** \$50 per pavilion

**Non-Residents:** \$100 per pavilion

**Damage Deposit:** \$50

## Shelter Buildings & Bandshell

*Buildings for rental all year long*

**Residents:** \$50 per every two hours

**Non-Residents:** \$100 per every two hours

**Damage Deposit:** \$100



### Civic Center Bandshell

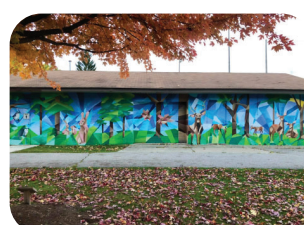
360 W 13 Mile



### Civic Center Park Bldg

360 W 13 Mile

Capacity 30



### Rosie's Park Bldg

1111 E Farnum Avenue

Capacity 20



### Youth Soccer Complex

29601 John R

Capacity 50





## FAST PITCH SOFTBALL



## YOUTH T-BALL

### SOFTBALL LEAGUES

Practice: Starts 4/27

Games: 5/18

8U Control Pitch

10U A

12U AA

14U AAA

### T-BALL LEAGUE

Practice: Starts May 19th

Games: T/TH, June - July

Age: 4yrs - 7yrs

Time to play ball! We are bringing fun to the field in 2026!

From tiny tees to big swings, join our T-ball and Softball Leagues for a season full of fun, teamwork, and home-run smiles.

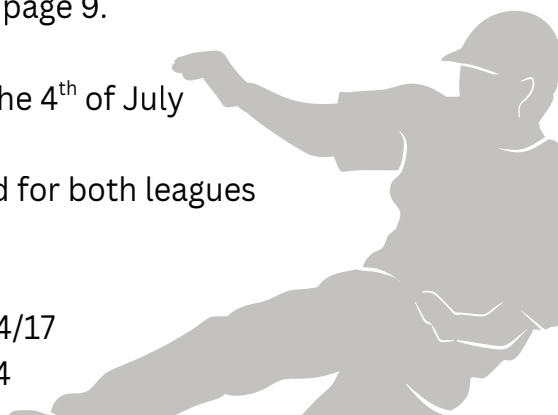
There will be an exciting opportunity to be part of a pitching clinic! More information on page 9.

- No games the week of the 4<sup>th</sup> of July
- 8 games guaranteed
- Hat and Jersey provided for both leagues

Registration Opens 2/23

Softball Registration Ends: 4/17

T-Ball Registration Ends: 5/4



## NATURE DISCOVERY SUMMER CAMPS AT OAKLAND COUNTY PARKS

### GROW



Ages 6-11

### EXPERIENCE



Week-long, immersive day camps at several locations

### BELONG



Extended care offered

Registration opens  
in Feb. 2026

For more information  
visit: <https://bit.ly/4s3PDMP>

 **OAKLAND  
COUNTY PARKS**

MICHIGAN STATE  
UNIVERSITY | Extension

Nature Discovery Camps are offered  
in partnership with MSU Extension



## Panic at the Prom: Like, Totally Murdered

Ages: 16+  
March 13

Library  
7:00 – 9:00 PM



Join the Friends for an '80s Murder Mystery Fundraiser at the Library after hours. Includes snacks and prizes. Costumes encouraged! \$15 per person in advance or \$20 at the door. Additional details available at [facebook.com/mhplfriends](https://facebook.com/mhplfriends)

## Adaptive Game Night

Ages: 16+  
March 25

Breckenridge Room  
6:00 – 8:00 PM

Designed for individuals age 16 and up and their friends, families, or support people. Sensory-friendly event with no music, quieter games and lower lights. Let us know if you have a specific request by emailing [hrec@madison-heights.org](mailto:hrec@madison-heights.org).

## Egg Hunt

Ages: 5 – 14  
March 28  
Civic Center Park

Price: Free!  
10:30 AM



A giant bunny was spotted around Civic Center Park! The rumor is there are eggs hidden with treasures inside and we are inviting YOU to help us find them all! Join Madison Heights Recreation and the Madison Heights Library for an EGG-citing morning! The hunt will be separated by age groups. We will have face painting and balloon animals as well to enjoy! Activities and the first hunt start at 10:30 AM! Registration starts at 10:00 AM so make sure you have enough time to check in. Hop on down for an egg-stra fun morning!

## Toy and Game Swap

Saturday  
May 30

Breckenridge Room  
12:00 – 2:00 PM

This is a swap open to everyone in the community with the Library as a hub for unwanted toys, games, or puzzles in good condition. Here are a few ways you can participate:

**Donate:** Donate items in good condition to the Library up to 5 days in advance. Deadline is Friday May 29 at noon. Only clean items in good condition will be accepted.

**Swap:** Donate items to the Library and receive a ticket for early access to the swap at 11:00 AM.

**Pick Up:** You do not need to donate an item in order to pick up items, simply attend the swap.

# COMMUNITY PROGRAMS

## Arbor Day Celebration

Ages: All  
April 25

Price: Free!

In observance of Arbor Day, the Environmental Citizens Committee will have a table at the Run for the Health of It 5K. Stop by and learn about native gardens, trees, and receive free seeds! After the race, the winners of the Native Garden Mini-Grant Program will be announced!

## Library Book Sale

Saturday  
April 25

Library Flex Space  
10:00 AM – 5:00 PM

Used Book Sale organized by the Friends of the Madison Heights Public Library. No set prices for books and materials, pay by donation. Book totes and other book themed items also available for purchase at the sale. Interested in volunteering? Email [mhplfriends@gmail.com](mailto:mhplfriends@gmail.com).



## Local Author Fair

Saturday  
April 25

Breckenridge Room  
10:00 AM – 2:00 PM

The Local Author Fair will feature local authors from around Michigan. Meet authors and learn about their works. Copies will be available for sale. Local authors interested in participating should apply on the Library's website between February 1 and April 1, 2026.

## Fairy Door Day

Ages: 3+  
April 29

Breckenridge Room  
6:00 – 7:00 PM

Make a fairy door to take home and make one for the Library's Fairy Garden! Library Registration encouraged but not required.

## Fling into Spring Food Truck Rally

Ages: All  
May 16

Civic Center Park  
1:00 – 3:00 PM

Come kick off Spring the right way with a food truck rally here right in the heart of Civic Center Park! Join us as we welcome warmer weather by enjoying some fun and tasty treats from various food trucks around the city and plenty of activities the whole family will love!





# YOUTH PROGRAMS

## Toddler Time

Ages: 2 – 5 Library Youth Room  
Tuesdays 10:30 AM

Stories and activities are designed for toddlers, but all children are welcome. Children must be accompanied by an adult caregiver at all times.

## Saturday Storytimes

Ages: 6 & Under Library Youth Room  
Saturdays 10:30 AM

Stories the whole family will enjoy. After story time, stay and play! Children must be accompanied by an adult caregiver at all times. No sessions on April 4 or May 23.

## Friday Friends

Ages: 3 & Under Library Youth Room  
Fridays 10:00 – 11:00 AM

**March 6**

**April 3**

**May 1**

This is a monthly gathering for parents and other caregivers with children ages 3 and under, knowing how important it is for both parents and little ones to connect with others. A simple, welcoming way to build community.

## Pre-K Craft Classes – Butterflies

Ages: 2 – 5 Library Flex Space  
April 9 10:30 – 11:30 AM

Craft class that focuses on fine motor skills. Registration is required.



## Homeschool Hang

Ages: All Library Flex Space  
Wednesday 1:00 – 2:30 PM

**March 11**

**April 8**

**May 13**

Informal space to get together with other elementary school-age homeschooling families to make friends, work on projects, or find out about library resources and services.

## Tinker Tuesdays

Ages: 5+ Breckenridge Room  
Tuesday 6:00 – 7:30 PM

**March 17: Pi Day**

**April 21: Peppa Pig**

**May 19: Puppets**



Crafts and activities featuring supplies from the Creative Techspace. Registration is required. Supplies are limited. Children must be accompanied by an adult at all times.

## Switch 2 – Play

Ages: 5+ Library Flex Space  
March 10 3:00 – 7:00 PM

Schedule time to play on the Switch 2 for Mario Day.

## Baby Prom

Ages: 5 & Under Library Youth Room  
May 13 11:00 AM

Get dressed up and dance at the Library. Snacks and photo opportunity provided. Registration Required.



Questions about a program?  
Call 248-588-7763 for more information!



## Youth Aikido

Ages: 14+      Resident: \$75  
 Mondays      Non-Resident: \$80  
 6:00 – 6:40 PM      Phoenix Tai Chi

**Session 1: April 6 – May 11**

**Session 2: May 18 – June 29\***

Students will learn discipline and respect for self and others, all the while learning age-appropriate bully defense strategies. Aikido helps to foster self control, focus, coordination, balance, and a strong mind/body connection. Aikido is based on martial principles, but with peace, harmony, and self improvement as its goals. Physical benefits include flexibility, agility, balance, stamina, and strength. Training is fun and teaches conflict resolution and self defense skills for life. \*No Class May 25

## Sports Starters w/ Coach Dave

Ages: 3 - 5      Resident: \$90  
 Wednesdays      Non-Resident: \$95  
 April 15 – May 20      5:30 – 8:30 PM  
 Hunter Community Center

An introduction to a variety of sports including volleyball, soccer, basketball, football, tee ball and more. Goofy games such as Sea Monster, Scrambled Eggs and Parachute compliment the hour. Fun and silly drills let kids work at their own pace. We emphasize sportsmanship & effort. Kids must be potty trained & age 3 by the first day of class. Bring a water bottle and wear gym shoes.



## Certified Babysitter/CPR/First Aid and Safe Home Alone

Ages: 9+      Resident: \$60  
 Thursday      Non-Resident: \$65  
 April 2      5:30 – 8:30 PM  
 Fire Station Room

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include first aid, when and how to call 911, CPR with manikin practice, choking, and more! Students will also learn how to be safe and responsible when home alone, including what to do if somebody comes to the door and the importance of not giving out personal information.

**Questions about a program?**  
**Call 248-589-2294 for more information!**

# YOUTH PROGRAMS

## Beginner Gymnastics **New!**

Beginner gymnastics will introduce different skills through stations and games to keep it engaging for your little one. Throughout the fun your child will develop balance, coordination, and confidence while also learning gymnastics on floor, beam, vault, and bars!

Ages: 4 – 6      Resident: \$75  
 Tuesdays      Non-Resident: \$80  
 6:00 – 6:45 PM      Youth Soccer Complex

Ages: 7 – 10      Resident: \$75  
 Tuesdays      Non-Resident: \$80  
 7:00 – 7:45 PM      Youth Soccer Complex

**Session 1: March 17 – April 28**

**Session 2: May 5 – June 9**

## Adaptive Gymnastics **New!**

Ages: 4 – 12      Resident: \$75  
 Wednesdays      Non-Resident: \$80  
 6:00 – 6:45 PM      Youth Soccer Complex

**Session 1: March 19 – April 30**

**Session 2: May 7 – June 11**

This modified gymnastics program is a perfect fit for children with sensory, physical, or developmental differences. This class will build confidence, motor skills, and most importantly fun! Each skill being worked on will be adapted and tailored for each individual's unique needs.

## Yoga **New!**

Find your inner peace and engage with your peers through the practice of yoga. The benefits of yoga include not only physical well-being but also mental well-being. Break away from the traditional youth classes we offer and try something new!



Ages: 5 - 10      Resident: \$80  
 Thursdays      Non-Resident: \$85  
 6:15 – 7:30 PM      Youth Soccer Complex  
 March 12 – May 7      No Class 4/2

Ages: 11 - 16      Resident: \$80  
 Fridays      Non-Resident: \$85  
 6:00 – 7:15 PM      Youth Soccer Complex  
 March 13 – May 8      No Class 4/3

## Fun in the Sun – Ages 6 – 8 Adventure Camp Ages 9 – 12

Tuesdays  
7:30 AM – 5:00 PM  
Edmonson Elementary

Resident: \$190  
Non-Resident: \$210

**Week 1: June 15 – June 19**  
**Week 2: June 22 – June 26**  
**Week 3: June 29 – July 2**  
**Week 4: July 6 – July 10**  
**Week 5: July 13 – July 17**  
**Week 6: July 20 – July 24**  
**Week 7: July 27 – July 31**  
**Week 8: August 3 – August 7**



Returner Registration Start: March 9 – More info soon!  
New Camper Registration Start: April 6

Madison Heights Recreation is excited to offer another year of fun at summer camp! Fees are per week. All campers will be at the same site but split up based on age to better program age-appropriate activities. Your registration includes all the trips, snacks, and of course a camp shirt. If registered for 4 or more weeks your child will receive an extra camp shirt. Extras can be purchased at cost (price TBD). Campers should come each day with lunch, sunscreen, and an extra set of clothes. Prices increase June 1 by \$25.

Register for 4 – 7 weeks, 5% discount with code: **CAMP5**  
Register for all 8 weeks, 10% discount with code: **CAMP10**

## Adventure Splash Camp

Ages: 9 - 12  
August 10 – August 14  
7:30 AM – 5:00 PM

Resident: \$210  
Non-Resident: \$240  
Edmonson Elementary

Splash Camp is a week full of fun and most importantly water parks and activities! Your registration includes all the trips, snacks, and of course a camp shirt. If registered for 4 or more weeks your child will receive an extra camp shirt. Campers should come each day with lunch, sunscreen, appropriate swimwear, a towel, and an extra set of clothes.

## Youth T-Ball League

Ages: 4 - 7  
May 19 - July 23

Resident: \$80  
Non-Resident: \$85

This is a recreational league focused on the development of fundamentals, teamwork, and sportsmanship. When registering, please choose your preferred location, and coach/player requests. Teams are limited to 13 players. We will attempt to make up any weather related cancellations. Practices will be held on Tuesdays and Thursdays from May 19 - June 2, time to be determined by coach. Teams are scheduled to play 8 games between June 4 and July 16, on Tuesdays and/or Thursdays at 6:00 PM.

## Counselor in Training Program

Ages: 14 – 17  
Min. 5 - Max 20  
7:30 – 5:00 PM  
June 15 - August 14

Resident: \$120 per week  
Non-Res: \$130 per week  
+\$25 after June 1

Does your child love camp but is too old to be a camper? If so, this is a great option for you! The goal of this program is to develop enthusiastic, motivational, and responsible leaders. CITs will be responsible for helping the summer camp run the day-to-day operations, including leading crafts, outdoor activities, and being a present leader on field trips. CITs are not required to be in attendance all day. \*Campers must sign up for at least two weeks and be able to attend training!

Apply to be a CIT at [madison-heights.org/CIT](http://madison-heights.org/CIT)

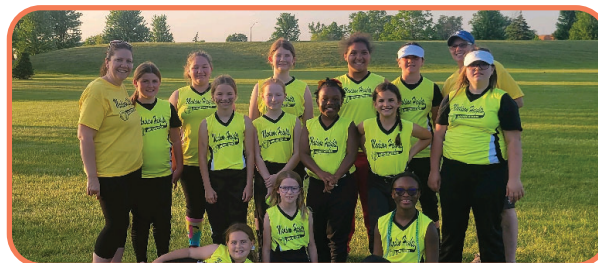
You MUST apply to be a CIT. After your application is submitted, you will receive a phone call or email with further instructions on becoming a CIT. Filling out an application does NOT mean you will be selected to be a counselor in training. Once selected to participate in this camp, payment will be due before staff training. If you have any questions, please email [recreation@madison-heights.org](mailto:recreation@madison-heights.org).

## Youth Softball League

Ages: 8 - 14  
April 27 - July 20

Resident: \$80  
Non-Resident: \$85

All skill and experience levels welcome. Registration will be accepted on a first come, first served basis. Please write all player/coach requests on your registration. Practice will be twice per week until games start, then they will be scheduled as needed. Games will be held two weekday evenings and some Saturday mornings/afternoons. Every attempt will be made to make-up rainouts; all teams are guaranteed 8 games. Volunteer coaches needed! A mandatory coaches meeting will be held at 5:30 PM Wednesday, April 22nd at the Department of Public Services at 801 Ajax. All volunteers will be required to pass a background check. Coaches must be at least 18, know basic fundamentals, and encourage good sportsmanship. Please email [recreation@madison-heights.org](mailto:recreation@madison-heights.org) if you are interested in coaching!





## Madison Heights Recreation

801 Ajax Drive

Monday – Friday: 8:00 AM – 4:30 PM

Closed Daily: 11:30 AM - 12:30 PM

Phone: 248-589-2294

Email: recreation@madison-heights.org

Website: madison-heights.org/recreation

Facebook: @madisonheightsrecreation

## Junk Journaling

Ages: 16+

Thursdays

6:45 – 7:45 PM

Resident: \$60

Non-Resident: \$65

Fire Station Room

Session 1: April 2 – May 7

Session 2: May 14 – June 18

The technique of combining art and word to express yourself. You can use a variety of mixed media techniques. Drawing, sketching, painting, stamping, stickers, collage, splatter and more! In many formats like journals, note cards, canvas, loose paper!

## Quilting

Ages: 18+

Tuesdays

April 28 – June 30

Fire Station Room

Resident: \$40

Non-Resident: \$45

6:00 – 8:30 PM

Quilting is designed for those who have basic quilting experience and would like to develop their talents. We share tips and tricks to improve our techniques and show and tell. Any questions or concerns on a personal project can be answered and reviewed. Quilters are responsible for bringing their own supplies for their projects (including sewing machines) each week. \$5.00 drop-in fee available due to instructor.

## Pilates and Toning

Ages: 18+

Tuesdays

7:15 – 8:15 PM

Resident: \$80

Non-Resident: \$85

CC Park Shelter Building

Session 1: March 17 – May 5

Session 2: May 12 – June 30

We fuse Pilates and isometric exercises with free weightlifts and stretches to forge flexible, toned physiques. Please bring a mat and light-weights to class.



# ADULT PROGRAMS

## Zumba

Ages: 18+

Lower-Level City Hall A&B

Tuesdays & Thursdays: 6:00 - 7:00 PM

Saturdays: 11:00 AM - 12:00 PM

\$5.00 drop-in per class or \$40.00 Class pass for 10 classes for residents.

\$6.00 drop-in per class or \$45.00 Class pass for 10 classes for non-residents.



Zumba Gold is a lower impact dance fitness class that is perfect for EveryBODY! This class offers easy to follow moves and awesome music. No dance experience is needed - this class is perfect for beginners or anyone getting back into fitness routines. We focus on all elements of fitness: cardio, muscular conditioning, flexibility and balance. We will use 1.2 pound Zumba Toning Sticks (provided by the Instructor) in some routines to strengthen and tone our muscles. Come ready to sweat, prepare to leave empowered and feeling strong.

## Fireside Yoga

Ages: 18+

Thursdays

5:00 – 6:00 PM

Resident: \$80

Non-Resident: \$85

CC Park Shelter Building

Session 1: March 26 – May 14

Session 2: May 28 – July 16

If you want to experience truly relaxing yoga, practice it in a fireside setting! Join us in the Civic Center Park Shelter Building—a cozy spot that's perfect for an hour of gentle poses tailored for beginners and those that want a slower paced practice. We will sprinkle in some fun as we learn how to breathe and balance mind and body. Bring your mat and find out what yoga is all about! EveryBODY is welcome.

## Yoga Unwind

Ages: 18+

Wednesday

6:45 – 7:45 PM

Resident: \$80

Non-Resident: \$85

CC Park Shelter Building

Session 1: March 18 – May 6

Session 2: May 13 – July 1

Ideal for students of all ages! This is a gentle pace with emphasis on detailed alignment instruction; basic yoga poses and breathing. All levels welcome. Please bring a yoga mat, blocks and a strap.

**Beginners Stretch**

Ages: 18+ 6:00 – 7:00 PM  
Mondays CC Park Shelter Building

**New!****Session 1: March 16 – May 4**

Resident: \$80  
Non-Resident: \$85

**Session 2: May 11 – June 29\***

Resident: \$70  
Non-Resident: \$75



Join our Beginner Stretch class for a gentle journey to better flexibility! Designed for all fitness levels, this low-impact session focuses on lengthening muscles, improving mobility, and releasing tension through guided stretches, mindful breathing, and foundational movements. Perfect for unwinding or preparing for workouts. Please bring any type of mat for floor stretching. \*No class May 25

**Tai Chi Programs**

Tai Chi is a traditional Chinese martial art that is today mostly practiced for health benefits. Yang Family Style is in particular known for its slow, even pace; big, gentle, graceful movements; and large, open postures; which make it accessible to people in a wide variety of age groups and physical conditions. \*No classes May 25 or May 26.

**Yang Family Style Tai Chi**

Ages: 14+ Resident: \$75  
Mondays Non-Resident: \$80  
6:45 – 7:45 PM Phoenix Tai Chi

**Session 1: April 6 – May 11****Session 2: May 18 – June 29\*****Morning Tai Chi**

Ages: 14+ Resident: \$75  
Mondays Non-Resident: \$80  
10:00 – 11:00 AM Phoenix Tai Chi

**Session 1: April 6 – May 11****Session 2: May 18 – June 29\*****Tai Chi for Seniors**

Ages: 65+ Resident: \$75  
Tuesdays Non-Resident: \$80  
12:00 – 1:00 PM Phoenix Tai Chi

**Session 1: April 7 – May 12****Session 2: May 19 – June 30\***

Questions about a program?  
Call 248-589-2294 for more  
information!

**Kenpo Karate**

Ages: 14+ Resident: \$75  
Mondays Non-Resident: \$80  
8:35 – 9:30 PM Phoenix Tai Chi

**Session 1: April 6 – May 11****Session 2: May 18 – June 29\***

American Kenpo Karate is an innovative system of martial arts created by Ed Parker. Its movements come largely from Chinese Shaolin style and other styles such as Judo, Jiu Jitsu and boxing. Kenpo contains linear and circular movements, locks, and takedowns. Master Parker believed that students should “tailor” or alter techniques to suit their own method of fighting skills. Using scientific principles, he codified a method of teaching to help demystify the study of martial arts. \*No Class May 25.

**Aikido**

Ages: 14+ Resident: \$75  
Mondays Non-Resident: \$80  
7:35 – 8:30 PM Phoenix Tai Chi

**Session 1: April 6 – May 11****Session 2: May 18 – June 29\***

Aikido is NOT a conventional fighting art. With the use of joint locking and throwing techniques to pin an aggressor, Aikido develops the ability to harmonize with, and thus redirect, opposing forces. With the goal to disrupt the attacker’s balance, timing, and control are used rather than brute strength. With the development of basic movements, Aikido provides a very powerful means of self-defense without adding aggression. Through regular training comes confidence, mental focus, and composure. \*No Class May 25.

**Samurai Swordsmanship/  
Classical Japanese Jujutsu**

Ages: 14+ Resident: \$75  
Thursdays Non-Resident: \$80  
6:30 – 7:30 PM Mugenkan Dojo

**Session 1: April 9 – May 14****Session 2: May 21 – July 2\***

Learn the ways and methods of the feared Samurai warriors of Japan. Kenjutsu is the study of classical swordsmanship, utilizing the Bokuto and Katana, while jujutsu encompasses both armed and unarmed close-quarter combat. We teach Kenjutsu strategy that can be implemented with any/every weapon or empty hand. Our internationally licensed instructors, sanctioned by Japanese authorities, will guide you through core fundamental exercises, movements, and engagements. \*No Class May 26.



**Madison Heights Public Library****240 W 13 Mile Road**

Monday – Thursday: 10:00 AM – 8:00 PM

Friday &amp; Saturday: 10:00 AM - 5:00 PM

Phone: 248-588-7763

Email: [library@madison-heights.org](mailto:library@madison-heights.org)Website: [madison-heights.org/library](http://madison-heights.org/library)

Facebook: @mhlibrary

Instagram: @madisonheightspubliclibrary

**Wellness and Wisdom Speaker Series**

Ages: 18+ Library Flex Space

Wednesdays 6:30 – 7:30 PM

**March 4 & 18: Nutrition Made Simple****May 6 & 20: Mental Health Awareness Month**

Celebrate learning and community with our Wellness & Wisdom Speaker Series, featuring expert led discussions that will help you live a healthier life. Each session offers insights, resources, and inspiration to help you thrive. All events are free, open to the public, and designed for ages 18/up. Registration encouraged but not required. Organized by the Library Advisory Board.

**Movie Matinees**

Ages: 12+ Breckenridge Room

Wednesdays 3:30 – 5:30 PM

**March 4: Dream Horse****April 1: The Secret Garden****May 6: The Taste of Things**

Spend time relaxing in the Breckenridge Room with a different movie each month.

**Maker Mondays**

Ages: 12+ Creative Techspace

Mondays 6:00 – 7:30 PM

**March 2: DIY Puzzle****April 6: Spring Apron****May 4: Felt Flowers**

Learn how to use equipment in the Creative Techspace! Registration is required. Supplies are limited.

Scan the QR code below to  
view the program calendar



Questions about a program?  
Call 248-588-7763 for  
more information!

# LIBRARY PROGRAMS

**Knitting with Erin**

Ages: 12+ Breckenridge Room

Thursday 6:00 – 7:00 PM

**March 12****April 9****May 14**

Learn to knit, practice your skills, or just knit with friends. Meets on the 2nd Thursday of the month.

**Sewing Saturdays**

Ages: 12+ Creative Techspace

Saturday 2:00 – 4:00 PM

**April 11: Drawstring Pouch****May 9: Frog Plushie**

Learn how to use sewing equipment in the Creative Techspace. Registration is required. Supplies are limited.

**Sewing II**

Ages: 12+ Creative Techspace

Wednesday 5:30 – 7:30 PM

May 27

Repeat Frog Plushie class from May 9th. Registration is required.

**Cosplay Corner**

Ages: 12+ Creative Techspace

Thursday 6:00 – 7:00 PM

April 9

Work on cosplay pieces. Limited help on special projects will be available. Designed for teens grade 6 all the way up to adults.

# BOOK CLUBS

## Golden Bookworms

Ages: 50+ Library Flex Space  
Tuesday 1:30 – 2:30 PM

**March 24: Too Old for This**

**April 28: Lion Women of Tehran**

**May 26: The Correspondent**

The Golden Bookworms is a book club for patrons aged 50 and better - sponsored by the Library and the Active Adult Center. Get ready to read historical and literary fiction.

## Book Lovers

Ages: 18+ Breckenridge Room  
Monday 7:00 – 8:00 PM

**March 9: Fundamentals of Being a Good Girl**

**May 11: Game On**

Do you love to read romances? This is the book club for you! From historical romances to romantic comedies and romantasy, we will read a variety of genres and tropes with fellow romance enthusiasts.

## Cookbook Club

Ages: 18+ Breckenridge Room  
Tuesday 6:30 – 7:45 PM

**March 10: The Oh She Glows Cookbook**

**May 12: My Mexican Kitchen**

Cookbook Club meets every other month - typically each meeting will focus on one cookbook title - participants will make a recipe from the book and bring it to the meeting to share at a potluck and discuss.

## Rainbow Reads

Ages: 18+ Library Flex Space  
Monday 6:00 – 7:00 PM

**April 13 Satisfaction Guaranteed**

Join us to read and discuss a variety of genres all themed LGBTQIA+ for a rainbow of reads, from coming out stories to discussions of love and identity.

## Thrill Seekers

Ages: 18+ Breckenridge Room  
Monday 6:00 – 7:00 PM

**April 27 Caller Unknown**

If you love to read gripping narratives filled with twists, complex characters, and heart-pounding suspense, join us to discuss!

## Find our book clubs on Bookclubs.com

Join a Book Club today! Get reminders of what we're reading and when. Use the app or visit the website.



## LitWits

Ages: 18+ Library Flex Space  
Monday 7:00 – 8:00 PM

**March 30 & May 18: Title TBD**

Are you a book lover who enjoys both fiction and non-fiction? Look no further! LitWits is a community of avid readers who gather to explore captivating titles, share insights, and celebrate the joy of reading. At each meeting, the group selects the next book based on their lively discussions of the previous one.

## Novels and Neighbors

Ages: 18+ Breckenridge Room  
Tuesday 6:00 – 7:00 PM

**April 14 Act Your Age, Eve Brown**

A joint book club organized by the Madison Heights Public Library and the City of Madison Heights' Human Relations and Equity Commission. Novels & Neighbors embraces the richness of human experiences. Explore books that challenge stereotypes and broaden your perspective. Celebrate the fact we're all neighbors in our wide-reaching world.

## Silent Book Club

Ages: 18+ Breckenridge Room  
Thursday 6:00 – 8:00 PM

**March 5**

**April 2**

**May 7**

Get ready for some cozy reading time! Bring whatever you want to read in any format. Hot cocoa, tea, and decaf coffee will be provided.

## Teen Graphic Novel Book Club

Grades: 6 – 12 Library Flex Space  
Monday 6:00 – 7:00 PM

**March 16: Tryouts**

**April 20: The Sleepover**

**May 18: Teen Titans: Robin**

Are you a curious reader in 6th - 12th grade? Join us for lively discussions, fun activities, and a chance to explore fantastic books together!



### Madison Heights Active Adult Center

260 W 13 Mile Road

Monday – Friday: 8:00 AM – 3:30 PM  
Front Desk Closed Daily: 12:00 - 12:30 PM

Phone: 248-545-3464

Website: [madison-heights.org/aac](http://madison-heights.org/aac)

Facebook: @mhactiveadultcenter-aac



#### Transportation

The AAC offers transportation to residents who are 50+ or have a permanent disability. Cost is \$2.00 - \$4.00 per round trip ride, up to a seven-mile radius from the AAC.

#### Medical Equipment Loans

The AAC has a variety of medical equipment—such as walkers, wheelchairs, canes, and shower chairs, available to loan for free.

#### Focus Hope

The AAC receives free monthly food boxes for income qualified and approved individuals 60+

#### Yard Service Program

The Madison Heights Yard Service Program provides free lawn care service for eligible senior citizens and disabled residents (with income verification) on a first come, first served basis. Applications are typically available in February or March each year.

#### Massage Therapy

Ages: 50+	Exercise Classroom
9:00 AM - 3:00 PM	Once a Month on a Friday
\$30 for 30 minutes	\$60 for 60 minutes

Appointments are required and will be taken on a first come - first served basis. Call Heidi at 248-943-6585 to make an appointment.

# 50+

# PROGRAMS

#### Check out some of our FREE services!

Open Monday - Friday from 8:00 AM - 3:00 PM

#### Computer Lab

Our computer lab has six computers available for use. Need computer assistance? Ask Mike on the second Wednesday of each month at 1:00 PM. Please call to put your name on the list so he knows you are coming.

#### Fitness Studio

Our fitness studio has several pieces of equipment for use including treadmills, NuStep machines, a recumbent bike, an elliptical, free weights, an aerobic step and more! A short training session is available for first time usage.

#### Indoor Walkway

Get your steps in rain or shine with our indoor walkway- 14.8 laps equals one mile. While you are walking, check out all the great programs and amenities that the AAC has to offer!

#### Game Room

Our game room offers a space for indoor activities such as pool and shuffleboard.

#### Trivia with Dan and Nancy

12:30 PM	Craft/Cooking Room
FREE!	First Wednesday of the Month

The King and Queen of Trivia challenge want to test your trivia knowledge. Enjoy a fun and friendly competition with your friends, all while learning a thing or two.

#### Grief Support Group

1:00 PM - 2:00 PM	Breckenridge Room
FREE!	Second & Fourth Monday

For more information call Paul at 248-842-6856.

#### Smoothie & Serenade Day

10:00 AM	Fireside Lounge
FREE!	Second Thursday of the Month

Enjoy a delicious, freshly made smoothie (while supplies last) on us while listening to the extremely talented Ann Brilliant sing & play guitar.

## Bianco Tours - Sign up anytime!

### Firekeepers Casino

Ages: 50+                      Resident: \$62  
March 19                      Non-Res: \$64  
Battle Creek                      8:45 AM – 6:15 PM

Your Bianco tour includes: \$25.00 slot credit and \$5.00 to be used for food, slot play or gift shop!

### Ontario Wine Trail

Ages: 50+                      Resident: \$147  
May 29                      Non-Res: \$149  
Ontario, Canada                      9:00 AM – 5:15 PM

Your Bianco tour includes: Viewpointe Estate Winery, Cooper's Hawk Vineyard Harrow, ON and North 42 Degrees Estate Winery & Bistro. Lunch is included. \*This tour will be going into Canada, so passengers are required to present proof of citizenship.

### Canal Days

Ages: 50+                      Resident: \$102  
June 12                      Non-Res: \$104  
Grand Rapids, OH                      8:00 AM – 6:00 PM

Your Bianco Tour includes Jeffrey's Antique Gallery Findlay, OH, Miss Lily's Grand Rapids, OH (included lunch), and a Canal Boat Ride Grand Rapids, OH.

### Day in the D

Ages: 50+                      Resident: \$137  
July 9                      Non-Res: \$139  
Detroit                      9:00 AM – 4:30 PM

Your Bianco Tour Includes: Guided City Tour of Detroit (2 hours) including Belle Isle, Oudolf Garden Detroit, Andiamo Riverfront (included lunch), free time at Detroit's River Walk, and Diamond Jack's River Cruise.

### Michigan Grown

Ages: 50+                      Resident: \$97  
July 22                      Non-Res: \$99  
Imlay City                      9:00 AM – 5:30 PM

Your Bianco Tour Includes: Indigo Lavender Farms in Imlay City, Stevo's Bar & Grill Imlay City, MI (included lunch), Seven Ponds Nature Center in Dryden, and Country Smoke House Almont, MI.

**Want to learn more about a Bianco trip?**  
**Detailed flyers are available at the AAC.**

### Meet Me in St. Louis

May 11 - 15  
\$1,425.00-Res per person double occupancy  
\$1,427.00-Non-Res per person double occupancy

Your Bianco tour includes three nights at Drury Inn Hotel St. Louis at the Arch, one night Best Western on the river, Hannibal, MO, four breakfasts, three lunches and four dinners

### New England

May 24 - 30  
\$2,295.00-Res per person double occupancy  
\$2,297.00-Non-Res per person double occupancy

Your Bianco tour includes: Round trip transportation via deluxe highway motorcoach, one night in Stroudsburg, PA, four nights at the brand new Margaritaville Resort Cape Cod, one night in Victor, NY, six breakfasts, two lunches & five dinners.

### Mackinac Island

June 3 - 5  
\$1,245.00-Res per person double occupancy  
\$1,247.00-Non-Res per person double occupancy

Your Bianco tour includes two nights at the Bicycle Inn located on Main St., two breakfasts, one lunch & one dinner, and various tours.

### The Sounds of Summer

July 5 - 7  
\$795-Res per person double occupancy  
\$797-Non-Res per person double occupancy

Your Bianco tour includes two nights Starved Rock Lodge & Conference Center in Oglesby, IL, two breakfasts, two lunches & one dinner,

### Niagara Falls

July 14 - 16  
\$1,045-Res per person double occupancy  
\$1,047-Non-Res per person double occupancy

Your Bianco tour includes two nights at the Sheraton on the Falls, shopping, a wine tasting, a buffet dinner, and various tours.

### National Parks

August 20 - September 3  
\$4,499-Res per person double occupancy  
\$4,501-Non-Res per person double occupancy

Your Bianco tour includes 27 meals and various stops at National Parks. Grab a detailed flyer for the complete list!



## March Sign Up - Starts February 23

### End of Life Care Talk

Ages: 50+      Resident: \$1  
 March 6      Friday  
 AAC Dining Room      12:30 PM  
 Max Attendees: 100      Signup Starts: February 23

Through this interactive presentation, Compassion and Choices members will detail the medical landscape in Michigan today, explain advanced directives and why everyone should complete theirs, review dementia's nuances and explain medical-aid-in-dying. Refreshments will be provided.

### Diabetes PATH Class

Ages: 50+      Resident: \$1  
 Mar 9 – Apr 13      Monday  
 Breckenridge Room      9:30 AM – 12:00 PM  
 Max Attendees: 15      Signup Starts: February 23

Participants will learn the importance of physical activity, nutrition, monitoring their blood sugar and more. Sign up now for this great informational program!

### Slides & Stories: A Program about Michigan Naturalists

Ages: 50+      Resident: \$3  
 March 10      Tuesday  
 Craft/Cooking Room      1:00 – 1:30 PM  
 Max Attendees: 50      Signup Starts: February 23

Learn the stories and lasting impact of naturalists and nature advocates. We'll introduce the history of some very local and state level people. What Nature Happenings do we associate with Burgess, Daubendiek, or Neal? Meet the reasonings and achievements of the many Michigan Naturalists.

### Angela Hospice Lunch & Learn

Ages: 50+      Resident: \$1  
 March 13      Friday  
 AAC Dining Room      12:00 – 2:00 PM  
 Max Attendees: 50      Signup Starts: February 23

Stress can have a negative effect on our mind, body, and relationships. Learn about some of the common stressors older adults face, practical tips for managing stress, and how to reduce its impact.

### Smart Games & Grins!

Ages: 50+      Resident: Free!  
 March 17      Tuesday  
 Breckenridge Room      1:00 – 2:00 PM  
 Max Attendees: 16      Signup Starts: February 23

Join your friends for an interactive experience where basic stories, dialogue and scenes are spontaneously created using simple guidelines. Let's have some fun!

### Getting' Crafty with Gail – Bunny Mason Jars

Ages: 50+      Resident: \$10  
 March 11      Non-Res: \$12  
 Craft/Cooking Room      10:00 AM  
 Max Attendees: 15      Signup Starts: February 23

Hop into spring with our fun and festive March Craft Class! This month, we'll be making an adorable Bunny Mason Jar Decoration — the perfect addition to your Easter décor or a sweet handmade gift.



### Luck of the AAC St. Patrick's Day Party

Ages: 50+      Resident: Free!  
 March 18      Wednesday  
 AAC Dining Room      12:30 PM  
 Max Attendees: 100      Signup Starts: February 23

Join us for snacks, music, shenanigans and the always popular Dublin Derby at our annual St. Pat's Party! It's sure to be a good time! Don't forget your quarters! Spots are limited - get on the guest list so you don't miss out! This event is free thanks to our generous sponsor - Rickey Busler from RE/MAX First!



### Lunch and Learn with Andrea Hicks

Ages: 50+      Resident: \$1  
 March 20      Friday  
 AAC Dining Room      12:00 PM  
 Max Attendees: 50      Signup Starts: February 23

Enjoy a lunch and learn with Andrea Hicks where she will discuss how you can make a change to your Medicare Advantage plan before Open Enrollment Period Ends on March 31st.

### Healthy Cooking with Heather

Ages: 50+      Resident: \$10  
 March 24      Non-Res: \$12  
 Craft/Cooking Room      12:00 PM  
 Max Attendees: 15      Signup Starts: February 23

A taste of Ireland ~ From County Cork to Donegal, Ireland is rich in history and culture, especially their food. Join us as we recreate favorite historical recipes with a healthy twist.

### Wildcard Wednesday - Women's Day Celebration

Ages: 50+      Resident: \$5  
 March 25      Non-Res: \$7  
 AAC Dining Room      12:30 PM  
 Max Attendees: 50      Signup Starts: February 23

Please join us for a special celebration in honor of Women's Day — a time to recognize and appreciate the strength, kindness, and wisdom of women everywhere, especially the wonderful women in our own community. Includes light refreshments.



### Wound RX Lunch & Learn

Ages: 50+      Resident: \$1  
 March 27      Friday  
 AAC      12:00 – 2:00 PM  
 Max Attendees: 100      Signup Starts: February 23

Wound RX is a mobile wound care company that accepts all insurance carriers. They go to the individuals homes to treat the wounds and pride themselves on providing excellent patient care. They specialize in diabetic wounds, but handle all types of wounds.

**Questions about a program?  
 Call 248-545-3464 for more information!**

### Craft and Learn

Ages: 50+      Resident: Free!  
 March 31      Tuesday  
 Craft/Cooking Room      10:00 AM – 12:00 PM  
 Max Attendees: 15      Signup Starts: February 23

The class will begin with a hands-on craft activity that encourages creativity and connection. After the craft, participants will enjoy an informative segment featuring valuable, senior-tailored topics to support learning, wellness, and community. Come for the crafts—stay for the learning!

### Million Dollar Quartet

Ages: 50+      Resident: \$83  
 May 13      Non-Res: \$85  
 Meadow Brook Theatre      11:00 AM – 5:00 PM  
 Max Attendees: 26      Signup Starts: February 23

December 4, 1956: an extraordinary twist of fate brings Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley together at Sun Records in Memphis for what would be one of the greatest jam sessions ever. Prior to the 2:00 pm show we will have lunch at Alfocinno Restaurant in Auburn Hills. Please choose your entrée at time of sign up.



### Ford Piquette Plant Museum

Ages: 50+      Resident: \$56  
 May 27      Non-Res: \$58  
 Detroit      10:00 AM – 4:30 PM  
 Max Attendees: 33      Signup Starts: February 23

Our day will consist of a 1 ½ hour guided tour at the Ford Piquette Museum, lunch at Z's Villa, a visit to On the Rise Bakery and an hour long self-guided visit to the Detroit Historical Museum.

**Please note:** The Piquette museum is handicap accessible with an elevator; however, the museum floors are uneven in some areas due to the original flooring and its age.



## April Sign Up - Starts March 23

### Gettin' Crafty with Gail – String Art Vase with Flowers

Ages: 50+      Resident: \$10  
 April 8      Non-Res: \$12  
 Craft/Cooking Room      10:00 AM  
 Max Attendees: 15      Signup Starts: March 23

Join us this April for a fun and relaxing string art workshop! In this hands-on class, you'll create a beautiful vase and flower design using colorful string, nails, and wood.



### Wildcard Wednesday – Let's go Tigers!

Ages: 50+      Resident: \$5  
 April 8      Non-Res: \$7  
 AAC Dining Room      12:00 – 2:30 PM  
 Max Attendees: 50      Signup Starts: March 23

Celebrate the legacy of the Detroit Tigers with us as we dive into a world of team trivia, unforgettable memories, historic moments, legendary players, and so much more. A hot dog lunch will also be served.



### Oakland County Bar Association Lunch & Learn

Ages: 50+      Resident: \$1  
 April 10      Friday  
 AAC Dining Room      10:00 AM – 2:00 PM  
 Max Attendees: 50      Signup Starts: March 23

Senior Law Day will include informational session on key legal topics for seniors, an "Ask a Lawyer" session, offering one-on-one time with volunteer attorneys learning and connection — plus a free lunch!

### AARP Smart Driver Course

Ages: 50+      AARP Member: \$20  
 April 14 & 15      AARP Non-Member: \$25  
 Craft/Cooking Room      10:00 AM – 12:00 PM  
 Max Attendees: 15      Signup Starts: March 23

The AARP Smart Driver Course, offered by AARP Driver Safety, is the nation's largest classroom and online driver safety course and is designed especially for drivers age 50 and older. You'll learn the current rules of the road, defensive driving techniques, and how to operate your vehicle more safely in today's increasingly challenging driving environment.

### Staying Safe: Protecting Yourself from Scams and Hazards at Home

Ages: 50+      Resident: Free!  
 April 17      Friday  
 AAC Dining Room      10:00 AM – 12:00 PM  
 Max Attendees: 100      Signup Starts: March 23

Join us for an informative and friendly session focused on how to recognize and avoid common fraudulent scams that often target older adults. We'll also share helpful tips on personal and home safety, including simple ways to secure prescription medications and other potentially dangerous items. Light refreshments will be provided.

### Disaster Preparedness

Ages: 50+      Resident: \$1  
 April 20      Monday  
 Craft/Cooking Room      10:00 AM  
 Max Attendees: 15      Signup Starts: March 23

Are You Prepared if a Disaster Strikes? This workshop will address these questions. Join OLHSA for an in-person workshop designed to: help you prepare, help you create your own custom plan, provide you with resources and answer questions.

### Early Birds and Blooms

Ages: 50+      Resident: Free!  
 April 21      Tuesday  
 Red Oaks      1:00 – 2:30 PM  
 Nature Center

As the cold weather gives way to a warmer spring breeze, join us at the Red Oaks Nature Center to discover our early birds returning from migration, and our first wildflowers emerging through the woodland. This program consists of an indoor talk followed by a casual walk along the Forest Trail (0.6-miles). Call Red Oaks to sign up!

Call or visit the Active Adult Center for more  
information about our programs!

## Wildcard Wednesday – World Art Day

Ages: 50+      Resident: \$5  
 April 22      Non-Res: \$7  
 AAC Dining Room      12:00 – 2:30 PM  
 Max Attendees: 50      Signup Starts: March 23

Whether you're a doodler, a painter, a storyteller, or just love to get crafty, there's something for everyone. We'll have a variety of hands-on, art-inspired activities for you to dive into—like designing your very own greeting card, snapping creative photos, or dreaming up a story that paints pictures with words. Refreshments will be served.

## Miller Vein Lunch & Learn

Ages: 50+      Resident: \$1  
 April 24      Friday  
 AAC Dining Room      12:00 – 2:00 PM  
 Max Attendees: 100      Signup Starts: March 23

Tired, achy, or swollen legs aren't just part of getting older — they can be signs of underlying vein problems that are both common and treatable. Join us for an informative and easy-to-understand talk on how veins work, who's most at risk, and what you can do to protect your leg health.

## Healthy Cooking with Heather

Ages: 50+      Resident: \$10  
 April 28      Non-Res: \$12  
 Craft/Cooking Room      12:00 PM  
 Max Attendees: 15      Signup Starts: March 23

Amazing April Appetizers ~ Whether for a party or just for a dinner twist, appetizers are always a great idea! We will show you some delicious and deceptively easy recipes that are sure to win over even the pickiest guest.

## Trivia Day with Alliance of Coalitions for Healthy Communities

Ages: 50+      Resident: Free!  
 April 30      Thursday  
 Craft/Cooking Room      10:00 AM – 12:00 PM  
 Max Attendees: 15      Signup Starts: March 23

Together, we'll enjoy some laughter, learning, and friendly competition. Questions will span from music and pop culture, to fascinating moments in history, ensuring fun for everyone! Bring your A game and your A brain!

**The Active Adult Center will  
be closed April 3, 2026.**

## Always a Bridesmaid

Ages: 50+      Resident: \$86  
 June 3      Non-Res: \$88  
 Meadow Brook Theatre      11:00 AM - 5:00 PM  
 Max Attendees: 26      Signup Starts: March 23

"For better or for worse" takes on a whole new meaning in this delicious comedy about old friends. Prior to the 2:00 pm show we will have lunch at Nino's Italian House. Please choose your entrée at time of sign up.

## Port Huron Trolley and Lightship Tour

Ages: 50+      Resident: \$67  
 June 19      Non-Res: \$69  
 Port Huron, MI      8:15 AM - 4:45 PM  
 Max Attendees: 28      Signup Starts: March 23

Join us for a fun and engaging journey through Port Huron's rich history! We'll start with a one-hour ride on the city's historic trolley, travel over to Freighters Eatery & Taproom for a buffet lunch, enjoy some time to sit on benches near the waterfront, and then we'll end our Port Huron tour with a one hour visit to the Huron Lightship.

## Howell Nature Center and Livingston Antique Outlet

Ages: 50+      Resident: \$50  
 June 23      Non-Res: \$52  
 Howell, MI      8:15 AM - 4:15 PM  
 Max Attendees: 33      Signup Starts: March 23

Our first stop of the day will be at the Howell Nature Center for a one hour guided tour of their outdoor Wild Wonders Wildlife Park. You'll get to follow along with of their wildlife educators as they take care of feeding their amazing animals. After our tour we will head over to Coratti's Pizzeria for lunch and to play bocce ball in their indoor courts, if you choose. Our last stop of the day will be at the Livingston Antique Outlet, for a one-hour shopping (or site-seeing) visit.





**Tuesday 50+ Golf League**

May 12 – August 25      Signup Starts: March 1

**Women's League:****Red Oaks Golf Course - 8:00 AM****Men's League:****Maple Lane Golf Course - 10:00 AM**

Join us for a fun and friendly Tuesday morning golf league designed for adults ages 50 and up! The league runs from May 12 through August 25, 2026, offering great weekly play, social time, and plenty of fresh air.

Anyone interested in joining can contact the Active Adult Center for more information beginning in February. Come enjoy the game and meet new friends—new golfers are always welcome!

**50+ Pickleball Mixers for Beginners and New Players**

May 4 – June 29      Mondays  
 Rosie's Park      10:00 AM – 11:30 AM  
 Signup Starts: April 1      No Class 5/25

The AAC is partnering with the Southeastern Michigan Pickleball Association to offer beginner and new player mixers this May and June! These mixers are being provided to give people interested in learning pickleball (or who are new to the sport) an opportunity to learn the ins and outs, and to practice with similar skill level individuals. If you are interested in a no judgment, no intimidation, no hassle experience and are 50+, this is for you! SMPA will supply water and snacks during the mixers. There is no fee, and no equipment required. SMPA will have paddles and balls for everyone to use. All you need to do is pick a date (or dates), sign up, show up in tennis shoes and comfortable clothes - and be ready for fun!

**May Sign Up - Starts April 27****Wildcard Wednesday -****National Hamburger Day Celebration**

Ages: 50+      Resident: \$5  
 May 6      Non-Res: \$7  
 AAC Dining Room      12:30 PM  
 Max Attendees: 50      Signup Starts: April 27

Get ready for an afternoon filled with tasty burgers, sides, burger trivia, prizes, and plenty of fun with friends. Bring your appetite and your love for good company—we're flipping patties and making memories!

**Peace of Mind Lunch & Learn**

Ages: 50+      Resident: \$1  
 May 8      Friday  
 AAC Dining Room      12:00 – 2:00 PM  
 Max Attendees: 30      Signup Starts: April 27

Join AJ Desmond & Sons to learn more about funeral pre-arrangements, veteran benefits, cremation, burials, and more.

**Gettin' Crafty with Gail – Reversible Seasonal Blocks**

Ages: 50+      Resident: \$10  
 May 13      Non-Res: \$12  
 Craft/Cooking Room      10:00 AM  
 Max Attendees: 15      Signup Starts: April 27



In this hands-on workshop, you'll design and decorate a set of reversible wooden blocks that spell out "Spring" on one side and "Summer" on the other.

**Drug Takeback Event**

AAC Lobby      11:00 AM – 12:00 PM  
 May 14      Thursday

Bring in your old medications! Safely dispose of unused and expired medication at our Deterra event sponsored by the Madison Heights Community Coalition. \*No sign up, just stop by!

**Wildcard Wednesday -****Mother's Day Celebration**

Ages: 50+      Resident: \$5  
 May 20      Non-Res: \$7  
 AAC Dining Room      12:30 PM  
 Max Attendees: 50      Signup Starts: April 27

Join us for a heartwarming Mother's Day celebration as we honor the love, strength, and wisdom of mothers everywhere! Take a walk through history, enjoy Mother's Day trivia, light refreshments and hat-making fun.



## Dr. Fleishman Joint Replacement Lunch & Learn

Ages: 50+      Resident: \$1  
 May 15      Friday  
 AAC Dining Room      12:00 – 2:00 PM  
 Max Attendees: 30      Signup Starts: April 27

During the presentation, Dr. Fleischman will discuss what makes the lateral approach unique, how it differs from traditional knee replacement, who may benefit most from this innovative technique, expected recovery milestones, and answers to your orthopedic and joint health questions.

## Spring Star Party

Ages: 50+      Resident: \$3  
 May 27      Wednesday  
 Red Oaks      1:00 – 2:30 PM  
 Nature Center

Enter Oakland County's new digital, portable planetarium, Digitalis, to view the spring stars in a way you never have before. Chairs can be provided.

**\*Please note:** Please call the Red Oaks Nature Center at 248-585-0100 to reserve your spot.

**The Active Adult Center will be closed May 25, 2026.**

## Detroit Riverwalk & Eastern Market

Ages: 50+      Residents: \$20  
 July 7      Non-Res: \$22  
 Detroit      9:00 AM – 3:00 PM  
 Max Attendees: 37      Signup Starts: April 27

Join us for a morning at Robert C. Valade Park, which features a beautiful sandy beach with lounge chairs and umbrellas, perfect for relaxing by the water. The Detroit Riverfront Conservancy will host a 30-minute seated presentation inside the park building, followed by a guided walking tour of the park and nearby Riverwalk. You'll also have free time to explore at your own pace. After our morning at the park, we will head over to Eastern Market for lunch on your own and a visit to their Tuesday Market, and shops around the district.

## Frankenmuth Bavarian Belle & Shopping

Ages: 50+      Residents: \$40  
 July 28      Non-Res: \$42  
 Frankenmuth      8:30 AM – 6:00 PM  
 Max Attendees: 43      Signup Starts: April 27

Our first stop will be at the Bavarian Belle Riverboat for a one-hour tour exploring the natural beauty and listening to a narrated history of Frankenmuth. Next you will have approximately 3 ½ hours to shop and/or enjoy a meal on your own. Our last stop of the day will be at Bronner's Christmas Wonderland, where you will have approximately 45 minutes to shop.

## Check out our drop in programs!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 PM - Prize Bingo Dining Room	8:30 AM - Strength Training Exercise Room  9:30 AM - Cardio Drumming Exercise Room  10:00 AM - Scrabble Breckenridge	9:30 AM – Feel Good Fit Exercise Room  10:45 AM – Senior Stretch & Chair Yoga Exercise Room  11:00 AM – Rummikub Dining Room  12:00 PM – Dominoes Breckenridge	11:00 AM – Zumba Gold Toning Exercise Room  1:00 PM – Bingo Dining Room	10:00 AM – Bunco Breckenridge Room	9:30 AM – Cardio Drumming City Hall Lower Level



## Active Adult Center Sign Up In Person Rules:

- You **MUST** have a Civic Rec account prior to signing up for activities. You can create your account at: [madison-heights.org/registration](http://madison-heights.org/registration). Follow the prompts on the main page.
- Registration opens each month at 10:00 AM for residents and 12:30 PM for non-residents.
- After the monthly sign up date, both residents and non-residents can sign up at any time.
- Full payment is required for day trips and checks are preferred, made payable to the **"City of Madison Heights"**
- You can sign up for Bianco day and extended trips as soon as they are advertised. Day trip registration is available online, but you must visit the AAC in person to register for Bianco extended trips.
- When registering and paying with the Center, charge, cash or check is accepted. While exact change is not required, it is highly recommended and appreciated! There will be an additional 3% service fee for all credit card/debit transactions. Checks must be made payable to the **"City of Madison Heights"**
- For more information or for assistance creating your account, see the front desk or call (248) 545-3464.

**March Sign Up – Starts February 23**  
**April Sign Up – Starts March 23**  
**May Sign Up – Starts April 27**

## Explore all the different ways to get started!

**IN PERSON:** You must have a CivicRec account prior to sign up. Once you have an account, fill out a registration form and bring it along with payment to the front desk.

**ONLINE:** Create your account online if you haven't already done so. Log into your CivicRec account. Choose the Active Adult Center tab in the Catalog. Choose what activities you want and pay by card, all from the comfort of your home.

**MAIL:** You must have a CivicRec account prior to sign up. Once you have an account, fill out the registration form and mail it along with a check (made out to **City of Madison Heights**) and a self-addressed stamped envelope to:

**Madison Heights Active Adult Center**  
 260 W 13 Mile Rd, Madison Heights, MI 48071

**DROP BOX:** You must have a CivicRec account prior to sign up. Once you have an account, fill out a registration form and drop it along with a check (made out to **City of Madison Heights**) and self-addressed stamped envelope in our Drop Box located on the North entrance to our building.

### Clip registration form and mail

#### ACTIVITY SIGN-UP FORM (MAIL-INS & WALK-INS)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Today's Date: \_\_\_\_\_ Email: \_\_\_\_\_

No. of Tickets Required	Event/Class/Trip	Entrée or Birthdate (if required)	Cash/Charge or Check #	Price

## Resident Registration - February 23 Non-Resident - February 24

**Join the fun - online, through the mail, or in person!**

### Online Registration:

Online registration begins February 23. To register online for classes and activities, visit [madison-heights.org](http://madison-heights.org). Click the tab called "Registration" to be taken to the registration website, CivicRec. By using a card there is a convenience fee that covers the cost to fulfill your registration. This processing fee is NON-RE-FUNDABLE.

### Mail in Registration:

To register through mail, please complete the "Registration form" below. Registrations will not be processed until February 23. You must have a CivicRec account prior to signing up. Please make your check payable to **City of Madison Heights** and mail to:

**Madison Heights Recreation Department**  
801 Ajax Dr, Madison Heights, MI 48071

### In Person Registration:

Registrations will be accepted starting at 8:00 AM at 801 Ajax. Please note that registration for residents starts one day prior. All registration fees must be paid in full by cash, card, or check. There will be a fee on all returned checks. There is a 3% service fee for all card transactions.

### Clip registration form and mail

#### MADISON HEIGHTS RECREATION REGISTRATION FORM

All registration fees must be paid in full by cash or check at the time of registration. Please complete the "Registration Form" below and mail it with your check payable to: CITY OF MADISON HEIGHTS, 801 Ajax Dr, MADISON HEIGHTS, MI 48071. The Recreation Department will contact you only if there is a problem with your registration. Receipts will not be returned for mail-in registration unless requested. If you are willing to be a volunteer coach, please circle yes.

Class	First & Last Name	Address	City / Zip	Phone	DOB	Grade	Shirt Size	Non-Resident Fee	Class Fee	Total

Email Address: \_\_\_\_\_

In registering myself or my child for this activity, I hereby release the City of Madison Heights of all liability for damages or injury sustained by myself or child while engaged in this activity, and I also authorize Madison Heights officials to utilize my or my child's photography, and video tape of my/his/her participation in the activities for which I am registering for any and all promotional purposes.

Date \_\_\_\_\_ Signed \_\_\_\_\_

GRAND TOTAL: \_\_\_\_\_

SHIRT SIZES AVAILABLE:  
YS YM YL AS AM AL AXL

## Recreation Frequently Asked Questions:

**Financial Assistance:** A limited amount of financial aid per program is available to qualified residents who apply. A short completed application is required. Participants for youth activities may only receive one assistance aid package per year.

**Cancellations:** Program instructors are responsible for cancellation notifications. MH Recreation follows Lamphere School District closings. Check for cancellations at 248-588-5555 or visit our Facebook page.

**Weather Policy:** When the city declares a snow emergency/inclement weather is predicted, the Recreation Department will cancel classes via The Recreation Hotline (248-588-5555) and Facebook. Please call the Recreation Department for details at 248-589-2294.

**Refunds:** Refunds will be granted up to one week before the class/event is scheduled to start. Refunds will be sent as checks and could take up to 4 weeks to receive. All refunds must be requested in writing to [recreation@madison-heights.org](mailto:recreation@madison-heights.org) by 4:30 PM. **The convenience fee for registering with a card will NOT be refunded.**

**Youth Sports:** There is no guarantee that your player/coaches requests will be accommodated. We will make every effort to place your child on the requested team, but all registrations are subject to change for scheduling purposes. If you register late for a program your child may start the season with no jersey.

City of Madison Heights  
300 W. 13 Mile  
Madison Heights MI 48071

\*\*\*\*\*ECRWSS\*\*\*\*\*

LOCAL  
RESIDENTIAL CUSTOMER

NON PROFIT  
ORGANIZATION US  
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ROYAL OAK MI  
PERMIT NO 219

# RUN FOR THE HEALTH OF IT

## 5K RUN & WALK

*Sponsored by Rickey Busler with Re/Max First: 248-548-4400*



**Rickey Busler**  
Associate Broker, GRI, SRES, SRS



**Saturday**  
**April 25,**  
**2026**

**Red Oaks Nature Center**

30300 Hales, Madison Heights 48071

**Check In: 7:15 AM**

**Race Start Time: 8:00 AM**

Entry Prior to 3/1/25: \$30

Entry Prior to 4/22/25: \$35

Race Day: \$40

+ \$5 for Non-Residents



**Madison Heights**  
Recreation

